

MARTIAL ARTS CLASSES — AGES 11–14 YRS

St. John's Wood Dojo · 2026



Kickboxing Jiu-Jitsu

MON	TUE	WED	THU	FRI	SAT	SUN
6:00–6:45pm Jiu-Jitsu 11–14 yrs All Grades	—	6:30–7:15pm Jiu-Jitsu 11–14 yrs All Grades	—	6:00–6:45pm Jiu-Jitsu 11–14 yrs All Grades	12:15–1:00pm Kickboxing 11–14 yrs All Grades	12:00–12:45pm Kickboxing 11–14 yrs Int/Adv
6:45–7:30pm Kickboxing 11–14 yrs All Grades						12:45–1:30pm Kickboxing 11–14 yrs Beg/Int