



Lower Ground
62A St. John's Wood High St.
London
NW8 7SH



0207 586 5880



info@meijimartialarts.co.uk



www.meijimartialarts.co.uk



@MeijiMartialArts



MeijiMartialArts

	MON	TUE	WED	THUR	FRI	SAT	SUN
10:00		10:00 - 11:00 Krav Maga SELF DEFENCE				10:00 - 11:00 PRIVATE/ SMALL PRIVATE	10:00 - 11:00 PRIVATE/ SMALL PRIVATE
10:30				10:00 - 12:00 PRIVATE/ SMALL PRIVATE			
11:00					11:00 - 12:00 Krav Maga SELF DEFENCE	11:00 - 12:00 ADULTS All levels	11:00 - 12:00 PRIVATE/ SMALL PRIVATE
11:30							
12:00				12:00 - 13:00 ADULTS All Levels		12:15 - 13:00 TEENAGERS	12:30 - 13:15 TEENAGERS
12:30		11:00 - 17:00	10:00 - 16:00				
13:00		PRIVATE / SMALL PRIVATE	PRIVATE / SMALL PRIVATE			13:15 - 14:00 Jr. PANTHERS	13:30 - 14:00 Lil. PANTHERS
13:30							
14:00				13:00 - 16:00			
14:30				PRIVATE / SMALL PRIVATE		14:15 - 15:15 PRIVATE/ SMALL PRIVATE	14:15 - 15:15 PRIVATE/ SMALL PRIVATE
15:00							
15:30	15:30 - 16:15 PRIVATE/ SMALL PRIVATE						
16:00							
16:30	16:15 - 16:45 Lil. PANTHERS		16:15 - 16:45 Lil. PANTHERS	16:15 - 16:45 Lil. PANTHERS	16:30 - 17:15 JIU-JITSU Kids 5-14yrs		
17:00	17:00- 17:45 Jr. PANTHERS All levels	17:00- 17:45 Jr. PANTHERS All levels	17:00- 17:45 Jr. PANTHERS All levels	17:00 - 17:45 TEENAGERS			
17:30							
18:00	17:45 18:30 TEENS Int.	18:00 - 19:00 PRIVATE/ SMALL PRIVATE	18:15 19:15 ADULT BEGINNERS	18:00 - 19:00 JIU-JITSU BEGINNERS			
18:30							
19:00	19:00 -20:00 ADULTS ALL LEVELS	19:00 -20.00 JIU-JITSU BEGINNERS 14+		19:00 -20.00 PRIVATE/ SMALL PRIVATE	19:00 -20.00 ADULTS INTERMEDIATE/ SENIOR		
19:30							
20:00							